



*Recharge your body,  
mind, and spirit.*

### ***Salt Sauna: Appointments must be made***

*Single Session (another person can be in the room) \$35 for 30 minutes*

*Single Private Session \$55 for 30 minutes*

*Couples/Family Private Session \$99 for 30 minutes*

*Unlimited Sessions (another person could be in the room) \$99 for 30 minutes*

*Unlimited Couples/Family Session (only 2 people who booked) \$185 for 30 minutes*

### ***Infrared Sauna***

*Single Session- \$35 can go in sauna anytime for 30 minutes*

*Unlimited Monthly Session- \$99 can go in sauna anytime for 30 minutes*

### ***Infrared Sauna & Cold Plunge Combo***

*One session- \$45.00*

*Unlimited monthly- \$155.00*

### ***Cold Plunge***

*One session- \$25*

*Unlimited Cold Plunge- \$69.00*